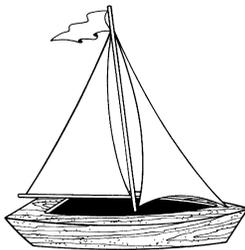


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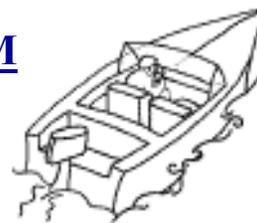
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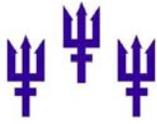
***Cowichan Power and Sail Squadron
Duncan, B.C.***

250-709-3629

May June — 2014



<i>Cowichan Power & Sail Squadron Bridge 2013 - 2014</i>		
<i>Commander</i>		
Russ Jenkins	250-743-7203	
<i>Past Commander</i>		
Derek Fiddes (P/Cdr)	250-746-4416	
<i>Administration Officer</i>		
Colin Hall	250-929-3694	
<i>Executive Officer</i>		
<i>Vacant</i>		
<i>MAREP Officer</i>		
Ion Barnes P/Cdr	250-743-9855	
<i>Membership Officer</i>		
Ian deVerteuil	250-748-6506	
<i>Public Relations Officer</i>		
Roger Morgan	250-748-1208	
<i>Secretary</i>		
Dave Osborne	250-743-5609	
<i>Training Officer</i>		
Bob Wheadon	250-597-0810	
<i>Treasurer</i>		
Wayne MacDonald P/Cdr	250-246-3884	
<i>Communications Officer</i>		
Ian deVerteuil	250-748-6506	
<i>Cruise Master</i>		
Paul Richards	250-746-8612	
<i>Seabreeze Editor</i>		
Wayne Smiley	250-715-0228	
<i>Environmental Officer</i>		
Phil Devitt P/Cdr	250-324-5512	
<i>Historian</i>		
Ted Giles P/Cdr		250-245-3707
<i>Safety Officer</i>		
Greg Sutfin		250-748-6611
<i>Supply Officer</i>		
Phil Devitt P/Cdr		250-324-5512
<i>Technology Officer</i>		
Wayne Smiley		250-715-0228
<i>Web Master</i>		
Ian deVerteuil		250-748-6506
<i>Assistant Training Officers</i>		
(Boating Basics)		
Ion Barnes P/Cdr		250-743-9855
(Boating Essentials)		
Vacant		
(Adv. & Elect.)		
Ion Barnes P/Cdr		250-743-9855
(Marine Radio)		
Greg Sutfin		250-748-6611
<i>Chief Proctor</i>		
Vacant		
<i>Roster/Seabreeze Sales Rep.</i>		
Matt Gilliam (sales)		250-246-4074
<i>Student Cruise Coordinator</i>		
Patrick Thomson		250-748-6599
<i>Reviewer for Squadron</i>		
Mandy Richards		250-746-8612



Commanders Report



Commander's Report to the Cowichan Squadron AGM - 23 April 2014

We have had a very good year. Wayne MacDonald has advised that our financials are sound and significantly improved over last year under our balanced budget practice. Ian de Verteuil has advised that our membership, while fluctuating throughout the year, is also steady, year on year.

Our training programs, so capably managed by Gary Cline, saw our class sizes improving and the on-the-dock seminars of the Boating courses grow to be tremendously popular; we graduated five new Registered Instructor's, one from another squadron; we also had four of our officers attend the Officer Training offered by our District. Thank you to our many ATO's, instructors, proctors, and student cruise skippers who offered their time this past year to make our training programs successful.

It was also a great year for other activities, with many hands participating, often guided by Colin Hall, and highlighted perhaps by the 75th Anniversary Flag Relay which featured both Mt Brenton and Saltspring Squadrons, but also our Mother's Day and Thanksgiving Rendezvous', and various special members' nights. We recall the marine lawyer, Darren Williams, popular speaker JD (Battery) Bailey, and guest speaker Randy Neufeldt from the Western Canada Response Corporation. Some of us even attended a Mt Brenton Squadron event to hear their Executive Officer, Dr. John Davis, speak on 'Pacific Salmon', and a few of us conquered the Cobble Hill Climb attending a Fundraiser for the Mill Bay Volunteer RCM SAR. Our Christmas Dinner / Dance was a great success, with the Crofton Ladies preparing dinner, lively music by Tropic Mayhem, and lots of seasonal cheer. Our squadron pennant has been redesigned and is in the process of being registered at National. We staffed promotional booths at both the Cowichan Exhibition and Cowichan Valley's 1st Outdoor Marine & Boat Show.

Thanks to all of you that pitched in to make all of our events possible and so enjoyable. We have an exceptional group of volunteers who strive to teach safe boating while having fun.

This past year we submitted the volunteer hours of 69 individuals for recognition toward Merit Marks. That is well over 25% of our current membership. Tonight, we are going to present 30 Merit Mark Awards to those individuals who served 20 or more hours on behalf of the organization. Two will receive their Senior Members Award, two will receive Life Membership, and one will be recognized for achieving a twenty-five (25) year threshold.

You have been a pleasure to work with. Thank you for all of your contributions and congratulations on your success.

Respectfully submitted,

Russ Jenkins, Commander



Cowichan Power and Sail Squadron



Mother's Day Rendezvous

Including Graduation and Award Ceremonies

May 9, 10 & 11 at Cherry Point Marina

Come by water, come by land, come for the weekend, or just for the day

Moorage, at \$20.00/day including power, is limited. Campsites for tents, campers or trailers at \$15.00/day.

Please pre-book with Jim Peakman (250) 748-7376

For those coming by water we will monitor VHF 66 on Friday afternoon/evening and Saturday morning.

Bring your own chairs, dishes and cutlery if you can.

Highlights of the Weekend

- Friday**
 - 16:00 – 18:00 Potluck Appetizers
 - Wiener/Marshmallow roast at the fire pit on the beach
- Saturday**
 - 09:00 Continental Breakfast – Coffee, Tea, Scones, Fruit
 - 13:00 Marine Garage Sale – Only CPS members may offer items for sale
 - 14:00 Flare Demonstration – P/D/C Clifford Miller

Numerous activities for kids and adults throughout the day with awards and prizes

- 17:00 BBQ Roast Beef/Yorkshire Pudding/Potatoes- \$10.00/person
Please bring a Vegetable dish (no Potatoes), Salad or Dessert for the Potluck
- 18:30 Graduation Ceremony and Awards
- Sunday**
 - 10:00 Mother's Day Brunch - \$5.00/person
Plus a special presentation to mothers attending and a raffle of wine baskets

Please register early so we can get a head count. If you can only come for part of the weekend please advise us if you can make the BBQ on Saturday and/or Brunch on Sunday.

All Members and their families are welcome.

To register call Colin Hall 250-883-2824 or colin@dansonmech.com



Training Officer and Executive Officer Report: AGM April 23, 2014.

This is my final report after three years as Cowichan Power and Sail Squadron Training Officer.

I have learned a tremendous amount in this position and am very grateful to all of those who have helped me along the way. A special thanks to my ATO, Bob Wheadon, and all of our proctors, instructors, cruise skippers, executive and bridge members for helping with all of our squadron training duties to make this squadron the success that it is. This is the first year that we have done both BB and BE courses as two totally separate courses and there have been pros and cons for this method. We have had great success with our new 'On-Dock-Seminars' at Maple Bay Marina. This is a far more efficient way to demonstrate to students such topics as safe boat handling, docking, fuelling, mandatory equipment on a boat etc. It has also proved to be a great ice-breaker for all these 'strangers' to get to know each other better when we stop for lunch in the restaurant. The students have found this new format an excellent learning tool.

I would also like to thank Shari Patterson of the Cowichan Exhibition for her help with our ever-changing room rental needs, Jim Davidson for our Kin Hut rentals, the Cowichan Wooden Boat Society room rentals, and Carol Messier of Maple Bay Marina for allowing us to hold our on-dock seminars there.

We have put through a large number of students this last year and have had a very high success rate with a lot of high marks in all of our courses.

The feedback from the students has been very high as well and I quote one email here:

"That was an excellent course! I really appreciate all of the instructors and their knowledge".

Here is a recap of student registrations for our last twelve months of boating courses:

Boating Essentials:	30 students.
Boating Basics:	20 students.
Maritime Radio Restricted with DSC:	35 students.
Seamanship:	10 students.
Instructor Development:	5 students.

This is a total of 100 student registrations for the courses we put on.

Our Training Department

Total active instructors in our squadron: 27.

Total active instructors in our squadron with Registered Instructor status: 23.

Total current squadron members with Registered Instructor status: 27.

Total squadron members with Registered Examiner status: 8

Total squadron members with RVVC training: 2

OF SPECIAL NOTE:

*We even had one student commuting between Duncan and Russia, taking the Boating Essentials course.

*One student from Alberta, taking our Maritime Radio course.

*One student from Port Hardy taking our Boating Essentials course and several others from different parts of Vancouver Island and the mainland, taking our courses when they weren't available in their own areas.

Once again, thank you to everyone and I am sure our incoming training officer, Bob Wheadon will receive the same support as I have had these last three years.

Respectfully Submitted.

Gary Cline EO/TO Cowichan Squadron.

Calendar of Events

**May 9th-11th 2014
Cherry Point Marina
See web for details**

**May 14th 2014 — 1900hrs
Bridge Meeting
Maple Bay Yacht Club**

**May 24th-25th 2014
Info booth Spot Prwn Festival
Cowichan Bay**

**June 11th 2014 — 1900hrs
Bridge Meeting
Maple Bay Yacht Club**

**June 13th-14th 2014
1/2 Way to Christmas Rendezvous
Telegraph Harbour Marina**

**August 8-9-10th....VIND Rendezvous
Maple Bay Marina
Cowichan Squadron to Host**

**August 13th 2014 — 1900hrs
Bridge Meeting
Maple Bay Yacht Club**

All Members Welcome to all these events

HALF WAY TO CHRISTMAS RENDEZVOUS

Telegraph Harbour Marine

We are joining up with Nanaimo Squadron -so come out and meet new friends and have fun
Arrival is Friday June 13 and events will continue through Saturday the 14th ending Sunday June 15th. Look forward to games, challenges and lots of Christmassy fun. Saturday night is the BBQ, so bring a juicy steak, chicken, or free range tofu for the grill.

The judging for best decorated boat will be held, Santa will be there to distribute gifts, so bring one small present for each of your crew. If you have a musical instrument, bring it along
The cost per person, aside from moorage is only \$10.00 each. Each Skipper has to arrange their slip, using a credit card number to hold it. To reserve call 1-800-256-6011, and mention that you are with the Nanaimo Squadron of CPS

Further details to come later

Please contact Paul Richards if you are attending so we can tally numbers and advise Nanaimo #s for scheduling _bythec@shaw.ca or call 250-746-8612 and leave message

Roger and I are already booked to attend

Paul Richards

Steven Garner

Owner



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Hector Stone Award



Cowichan Power and Sail Squadron

A unit of Canadian Power and Sail Squadrons



Ph: 250-709-3629

E-mail: webmaster@cpscowichan.com

Website: <http://cpscowichan.com>

April 2014 Membership/Communications Report

Our current membership is:

Regular	167
Family Members	37
Junior Members	0
Life Members	11
Lady Associates	7
Regular Associates	23
Family Associates	5
Junior Associates	3

254--

We lost 14 regular Members this past year and will be adding 12 graduates from the Spring Boating Essentials class. Several members have transferred in from other Squadrons from all across Canada. Several members have moved out of our area and some have sold boats and are no longer boating. Three of our members passed in August of 2013, Bob Lyons, Dave Knapton and Mike McLennan. Eric Detchon, a former member, passed in December 2013. Our sincere condolences go out to their families.

We have had several Members' Nights this past year and these have been well attended. Our Mother's Day and Thanksgiving Rendezvous continue to be a great success as well as our Christmas Dinner Dance. I have attended most of these functions and it is always a great pleasure for me to meet our new members as well as old friends.

Our website was initially set up in 1998 and continues to do well. In the past 12 months we have had 1,980 unique visitors to our site.

Respectfully submitted,

Ian de Verteuil
Membership/Communications



COWICHAN POWER & SAIL SQUADRON
A UNIT OF CANADIAN POWER & SAIL SQUADRONS



Safety March/April 2014

This story is true and happened near Gabriola Island in September 2014. A friend was operating his boat from the flying bridge, which has limited instrumentation but it does have an engine warning buzzer. He and his wife were enjoying a pleasant autumn cruise until they heard an alarm. He quickly made his way to the main helm and checked the instruments just as the alarm quit. All the instruments were giving proper readings before he shut down the engine to check fluids, belts and bilges. Nothing was amiss! After allowing the engine to cool, they continued at low speed to a nearby marina. A mechanic spent over an hour trying to duplicate conditions to cause an alarm. No such luck! Just as the mechanic was about to leave, and the engine was off, the alarm sounded again. Investigation found it was the DSC alarm on the VHF radio. The mechanic kindly didn't charge the people.

Do you know what a DSC alarm is? If not, you better sign up for one of our Maritime Radio courses. Do you already have a lifetime issued Maritime Radio Operator Certificate but don't know what DSC is and don't have the DSC endorsement? Time to do an upgrade!

For safety you have to use all your senses. You also have to respond appropriately to what they are telling you. The couple in the story heard an alarm, responded by shutting down the engine and checking farther. Sight and hearing are our two most commonly used senses to warn us of danger but we have to recognize the signal and respond appropriately. You see a hazard on a chart so you steer clear or you see a log floating and alter course. Clear examples but you need to respond to subtle signs as well. Responding to an alarm like in the story above is an example of an auditory warning but what if it is subtle like a slight ticking? Do you recognize it as normal or something new? Can you recognize its direction and source? Can you make a deduction of what it is and respond properly? Safety requires us to notice things with all our senses. Can you recognize the odour of a hot electrical wire? Smell of a burning drive belt or of hot metal? Taste coolant (anti-freeze) in the air of an engine room or from an exhaust fan outlet? Recognize the feel of a new or changed vibration?

For the sake of safety, know your vessel with all your senses and investigate when something is different. Investigation will usually show you something that's "normal", then you can file that item in your memory for future reference. The fellow in the story now knows what one of the DSC alarms sounds like.

Greg Sutfin
Safety Officer and ATO Radio
Canadian Power and Sail Squadrons
Cowichan Squadron

The 2014-2015 Bridge and Officers



KNOW HOW TO DO CPR ON YOURSELF

What are you to do if you have a heart attack while you are alone. It could save your life! It is called cough CPR.

Let's say enjoying an afternoon on the boat (alone of course), after pulling the prawn traps. You're really tired, becoming upset and frustrated. Suddenly you start experiencing severe pain in your chest that starts to radiate out into your arm and up into your jaw. You are only about five minutes from the nearest boat launch. Unfortunately you don't know if you'll be able to make it that far. What can you do? You've been trained in CPR but the guy that taught the course didn't tell you what to do if it happened to yourself.

Since many people are alone when they suffer a heart attack, this article seemed to be in order. Initiate a distress call on Ch 16 or Ch 70. Without help, the person whose heart is beating improperly and who begins to feel faint, has only about 10 seconds left before losing consciousness. However, these victims can help themselves by coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest. A breath and a cough must be repeated about every two seconds without let up until help arrives, or until the heart is felt to be beating normally again. Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keeps the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can get to a hospital. Tell as many other people as possible about this, it could save their lives!

From Health Cares, Rochester General Hospital via Chapter 240s newsletter 'AND THE BEAT GOES ON '
(reprint from The Mended Hearts, Inc. Publication, Heart Response)

This is a good example of when a DSC capable radio would be a good investment. By putting out the call on Ch 70 the call will continue broadcasting till it is received but it will also give your location, if connected to a GPS antenna.

Proposed Regulatory amendments related to flares

Sorry for the delay but I had hoped that the Discussion Paper that describes the proposed amendments related to carriage of pyrotechnics would be posted on the CMAC Secretariat site today. The paper should be out by the end of the week. It is response to the ongoing requests that Transport Canada has had to review the number of flares required to be carried onboard pleasure craft. We have reviewed those requirements in light of new technology and changes that have occurred since the requirements were first introduced. Although the paper had not yet been distributed, a presentation summarizing the proposal for flare carriage amendments is on the CMAC site with the documents being presented at the Recreation Boating Standing Committee.

The proposal includes the option to reduce the number of flares carried on vessels within certain limits from shore if the vessel is equipped with an effective means of radio communication.

In addition smoke signals are included as an option for carriage onboard vessels less than 6 metres. These vessels currently have the option of carrying either a watertight flashlight or three flares. None of the flares carried on the smaller boats are currently allowed to be daytime signals such as smoke.

I hope that this helps with your meeting tonight. The discussion paper will be the best way to introduce the proposed amendments to your membership.



A famous electric razor company owner once said that he liked the razor so much he bought the company. It was a lot like that for Steven Garner, owner of Classic Marine in Cowichan Bay. "When I saw this little boat store in Cowichan Bay I liked it so much I bought it!"

It has been 2-1/2 years since he has taken over the store from the former owner. "I've made quite a few changes including getting things a little more organized and launching an online store.", Garner notes. You will find all your basic boating needs at Classic Marine and if they don't have what you are looking for, they can get it for you quickly. They also have a wide selection of nautical gift items and even some vintage boat parts. Visit them on the Cowichan Bay waterfront or online at classicmarine.ca

